

October 19, 2022

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

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## I. 2023 Operating Budget Narrative

### A. BUDGET HIGHLIGHTS

The North Sound Behavioral Health Administrative Services Organization [North Sound BH-ASO] will be entering its fourth year of operation in 2023, after transitioning from the North Sound Behavioral Health Organization on July 1, 2019.

A core responsibility of BH-ASOs continues to be funding and overseeing the behavioral health Crisis Services system, specifically; a 24-hour toll-free crisis line, Involuntary Treatment Act investigation services, and Mobile Crisis Outreach Teams. However, during the last two years, the Washington State Legislature has created new programs and funding to be administered by ASOs. These programs expand the availability of services and provide enhanced outreach to both Medicaid and non-Medicaid persons. These include the Recovery Navigator Program, Community Behavioral Rental assistance, Homeless Outreach Services Teams, Assisted Outpatient Treatment, and a new Children and Youth mobile crisis team.

The North Sound BH-ASO will also be implementing the new, far-reaching state policy initiative to re-design crisis services to take advantage of the implementation of the 988-crisis line.

In addition to increased state funding, BH-ASOs received additional Federal Block Grant funding as part of the federal government's COVID relief effort. Prioritization of allocation of these funds was based on input from the Advisory Board, counties, providers, and other community stakeholders.

The North Sound BH-ASO also continues to provide active staff support to regional behavioral health planning activities, such as the Interlocal Leadership Structure, the MCO/ASO Joint Operating Committee, and the Crisis Services Leadership Group.

In order to meet the requirements of the new programs and expanded budget scope, two new positions will be added to the 2023 operating budget.

### 2022 Key Events

- Continued expansion of "co-responder" teams, including in Whatcom, Skagit, and Island counties and in the city of Mt. Vernon.
- Procured a contract to implement a new Children, Youth, and Family Crisis Team.
- Continued the Diversity, Racism, Equity, and Inclusion [DREI] project. Much of the training of staff and board members on anti-racism ideas and policies has been completed, and a workgroup has been formed to develop a DREI strategic plan.
- Provided some startup funding to support the opening of a behavioral health clinic in Mt. Vernon by Consejo Counseling and Referral Services.
- Finalized contracts to implement the Recovery Navigator Program in all five (5) counties. The staff have been hired and services have begun.
- Put contracts in place for the Community Behavioral Health Rental Assistance program, and the program is now fully operationalized and providing housing assistance. We also used federal block grant funds to provide supportive case management services to persons receiving the housing vouchers.
- Also contracted for and implemented the "Homeless Outreach Stabilization Program [HOST], which will provide intensive, wrap-around services to a targeted population of homeless persons in Snohomish County

- Provided an update presentation on the programs and activities of the North Sound BH-ASO to all five County Councils and Commissions so all county elected officials in the region could be aware of the services and programs being provided in the region by the BH-ASO.
- Contracted to develop a new comprehensive behavioral health needs assessment to update the 2016 Assessment and identify the most critical gaps and needs for behavioral health services in the region.
- A new Evaluation and Treatment Facility was opened in Sedro Wooley, funded in part by the former North Sound BHO, capital funds obtained with support of the 2016 behavioral health needs assessment and additional equipment start-up funds provide by the North Sound BH-ASO.
- Successfully passed the annual Team Monitor review by HCA.
- Re-opened the North Sound BH-ASO office for staff to work on site, and to host hybrid Board of Director and Advisory Board meetings.

#### 2023 Strategic Goals

- 1. Remain fully compliant with the HCA-BH ASO Contract
- 2. Support continuous process improvement of the Crisis Services System
- 3. Implement the updated Quality Management Plan
- 4. Support regional and state planning efforts to improve access to care for behavioral health services
- 5. Develop and implement a plan to address social equity and systemic racism
- 6. Advocate for funding to meet the behavioral health needs of all at-risk persons

### B. SUMMARY OF 2022 VERSUS 2023 REVENUES AND EXPENDITURES

	REVENUES	EXPENDITURES
2022 Budget	\$38,951,174	\$38,951,174
2022 Projected	\$42,291,833	\$37,020,345
2023 Budget	\$43,365,760	\$43,365,760

#### C. REVENUE AND EXPENDITURE APPROVAL PROCESS

1. Posted on the North Sound BH-ASO Website 10/19/2022 2. a. Distribution to the Advisory Board 10/20/2022 b. Distribution to the North Sound BH-ASO Board of Directors 10/20/2022 3. Budget Presentation for the Advisory Board 11/01/2022 4. Budget Presentation for the Board of Directors - Public Hearing 11/10/2022 5. Review and recommendation of all stakeholders 11/10/2022 - 12/05/2022 6. Review and approval by Advisory Board 12/06/2022 7. Recommend budget presented for Board Adoption 12/08/2022

### D. OPERATING BUDGET SPECIFICS

Budget Area	2022	2023	Difference	Percent	Notes
Salaries & Benefits	3,163,633	3,556,086	392,453	12.41%	Addition of 2 FTE, increased benefit
					expense.
Other Administrative*	1,188,989	870,182	(318,807)	(26.81%)	Reductions in administrative reserve and professional
					services.
Total Operations	4,352,622	4,426,268	73,646	1.69%	
Behavioral Health Services **	34,598,552	38,939,492	4,340,940	12.55%	Increased Revenue: Block Grant, State Funds, Proviso funds, MCO contracts
Total BH-ASO	38,951,174	43,365,760	4,414,486	11.33%	

\*Includes Advisory Board

oard \*\*Includes Hospital Inpatient

### E. CONCLUDING REMARKS

The proposed 2023 North Sound BH-ASO Operating Budget will enable us to continue to effectively carry out the core mission of administering the Crisis Services System as well as successfully administer the expanded scope of programs providing non-Medicaid services.

As a BH-ASO overseen by County Elected Officials, we will continue to coordinate BH-ASO administered programs with county specific behavioral health initiatives.

The continuation of our 2022 Strategic Plan will keep our efforts focused on important goals related to quality, compliance, and equal access to behavioral health services for all.

### **II. Revenue Forecast**

NORTH SO	2023 BH-ASO													
SOURCE	SOURCE DESCRIPTION Amount													
JUOKOL	DESCRIPTION		nounc	BUDGET 15%										
30800	USE of FUND BALANCE	\$	-	Limit*										
331000 331000 331000	<i>GRANT REVENUE</i> Direct Federal Grant Federal Block Grant Mental Health Federal Block Grant SABG <b>TOTAL GRANT REVENUE</b>		333,333 2,458,494 <u>4,679,433</u> <b>7,471,261</b>	\$ 747,126										
34640 34640 34640	<i>CHARGES FOR SERVICE</i> MCO Medicaid Crisis State Funds Mental Health & Substance Use Disorder State Provisos		8,751,820 5,742,824 11,389,856											
	TOTAL CHARGES FOR SERVICE	\$ 35	5,884,500	\$ 5,382,675										
				\$ 6,129,801										
36110 36990	<i>MISCELLANEOUS REVENUES</i> Investment Interest Miscellaneous		10,000											
	MISCELLANEOUS REVENUES	\$	10,000											
	TOTAL REVENUE Revenue is allowed for Administrative costs 5% fo		3,365,760											

\*10% of all Revenue is allowed for Administrative costs, 5% for Direct Service Support costs are allowed on all revenue except Grant revenue

### III. 2023 NORTH SOUND BH-ASO OPERATING BUDGET

### A. SUMMARY BUDGET

EXPENDITURES	Total
Regular Salaries	\$ 2,268,117
Personnel Benefits	1,287,969
Office, Operating Supplies	80,000
Small Tools	100,000
Professional Services	220,000
Communications	42,000
Travel	4,000
Advertising	450
Operating Rentals & Leases	143,000
Insurance	50,000
Repairs & Maintenance	50,000
Miscellaneous	39,500
Machinery & Equipment	50,000
Reserve	71,236
Subtotal - North Sound Operations Budget *	\$ 4,406,272
Advisory Board	19,996
Agency, County and Other Services	37,389,492
Inpatient Hospital Costs	1,550,000
Total North Sound ASO Budget	\$ 43,365,760

\* Total allowable Administration amount is \$6,561,719, which includes a portion of administrative costs that are allowed to be direct charged to program costs.

### B. OPERATING BUDGET DETAILS

2022 BUDGET	2023 BUDGET	2023 NORTH SOUND OPERATING BUDGET DETAILS
1,965,314	2,160,111	REGULAR SALARIES
123,520	108,006	COLA SALARY CONTINGENCY Cost of living adjustment budgeted 5.00%. (If the COLA not approved, this amount becomes zero)
2,088,834	2,268,117	REGULAR SALARIES
		PERSONNEL BENEFITS
550,675	690,123	HEALTH, LIFE, DENTAL, VISION Government Entity Pool WCIF
210,000	150,000	HRA
185,494	205,021	PERS RETIREMENT Based on 2022 rate of 10.25% for Public Employee Retirement Systems.
150,347	165,249	SOCIAL SECURITY The rate remains at 7.65% of FTE salaries.
24,311	29,172	UNEMPLOYMENT COMPENSATION The 2022 rate is 1.88% of FTE salaries, capped at \$62,500 per employee.
0	12,883	WASHINGTON PAID FAMILY & MEDICAL LEAVE AT The 2022 rate is 1.88% of FTE salaries, capped at \$147,000 per employee
13,180	15,183	WORKERS COMPENSATION The 2022 rate is \$.2916 multiplied by the FTE annual hours.
23,464	20,731	COLA BENEFIT CONTINGENCY Cost of living adjustment 5.00%.
1,157,470	1,287,969	PERSONNEL BENEFITS
		OFFICE, OPERATING SUPPLIES
25,000	30,000	For office supplies such as software, books, paper, pens, food.
54,000	50,000	Software and licenses.
79,000	80,000	OFFICE, OPERATING SUPPLIES
		SMALL TOOLS & MINOR EQUIPMENT
10,000	10,000	For operating equipment including desks, chairs, file cabinets, computers.
95,500	90,000	Computer system upgrades.
105,500	100,000	SMALL TOOLS & MINOR EQUIPMENT

- Operating Budget Details continued next page -

2022 Budget	2023 Budget	2023 NORTH SOUND OPERATING BUDGET DETAILS
Dudget	Dudget	PROFESSIONAL SERVICES
		FROI ESSIONAL SERVICES
15,000	15,000	LEGAL SERVICES
1,000	1,000	Language Exchange
42,000	42,000	TREASURER & ACCOUNTING SERVICES
		\$3,500 a month for charges of processing voucher and payroll, issuing warrants by Skagit County and investing, accounting and budget services.
55,000	55,000	MEDICAL SERVICES
		Consulting Medical Director DR Lippman and peer review, second opinions, etc.
45,000	45,000	AUDIT SERVICES
		For annual NSBH-ASO financial audit by WA State Examiner.
100,000	41,000	MISCELLANEOUS CONTRACTS - DREI Consultant
4,000	4,000	TEMPORARYHELP
4,000	4,000	BH-ASO Consulting
13,000	13,000	Access, Shred-It
279,000	220,000	PROFESSIONAL SERVICE
		COMMUNICATIONS
-	-	POSTAGE
12,000	12,000	TELEPHONE
		Monthly telephone
12,000	12,000	Internet
18,000	18,000	CELLULAR PHONES
42,000	42,000	COMMUNICATIONS
		TRAVEL & LODGING
5,000	4,000	MILEAGE, FARES, MEALS
		Reimbursement for NSBH-ASO employees to use personal vehicles to
		attend meetings or perform work on behalf of the NSBH-ASO.
		For meals while attending meetings on behalf of the NSBH-ASO.
5,000	4,000	TRAVEL
		ADVERTISING
450	450	Advertising of vacant positions, RFQ's, RFP'S, Board meetings, etc
450	450	ADVERTISING

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2022 Budget	2023 Budget	2023 NORTH SOUND OPERATING BUDGET DETAILS
		OPERATING RENTALS
		RENTALS
		For renting rooms, training, short term equipment rentals, etc.
		SPACE RENTAL OFFICE
131,424	135,100	The 2023 estimated lease
2,500	2,500	POSTAGE METER LEASE
5,400	5,400	MISCELLANEOUS RENTALS - Storage
24,046	-	Budget Amendment
139,324	143,000	OPERATING RENTALS
		INSURANCE
42,461	50,000	Enduris
42,461	50,000	INSURANCE
		UTILITIES
-	-	Covered in new lease agreement
-	-	UTILITIES
		<i>REPAIR &amp; MAINTENANCE</i> For repair of office equipment and maintenance of phone system.
3,000	3,000	Maintenance on two copy machines
20,000	36,000	Maintenance and repairs
11,000	11,000	Janitorial Services
34,000	50,000	REPAIR & MAINTENANCE
		MISCELLANEOUS
2,700	2,700	PRINTING & BINDING For printing of forms, reports, brochure, letterhead stationery, envelopes, business cards, etc.
		DUES AND SUBSCRIPTIONS
7,400	7,400	For cost of periodical and other professional journals, hosting web page.
5,275	5,500	Relias
	0.000	REGISTRATION AND FEES
8,000	8,000	To provide off-site work-related training
11,920	11,920	WSAC MISCELLANEOUS
-	3,980	Other miscellaneous supplies
35,295	39,500	MISCELLANEOUS

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2022 Budget	2023 Budget	2023 NORTH SOUND OPERATING BUDGET DETAILS
		MACHINERY & EQUIPMENT
45,000	50,000	MACHINERY & EQUIPMENT IS/IT To purchase new Computers, software & equipment over \$7,500
45,000	50,000	MACHINERY & EQUIPMENT
		ADMINISTRATION RESERVE
279,290	71,236	This is a reserve set aside for possible contingences
279,290	71,236	ADMINISTRATION RESERVE
4,332,624	4,406,272	North Sound BH-ASO BUDGET
		Budget Limit Calculation: (see revenue detail for explanation)
		ASO budget limit \$6,129,801 Admin charged to Programs - \$431,918
		Total Allowable - \$6,561,719
4,332,624	4,406,272	TOTAL North Sound BH-ASO OPERATING BUDGET
		Advisory Board Expenditures
19,988	19,996	Advisory Board expenses; travel, training, conferences, supplies, etc.
19,988	19,996	Total Advisory Board Expenditures
33,448,552	37,389,492	Behavioral Health Services
37,801,174	41,815,760	Total North Sound BH-ASO Budget without Inpatient Expense
1,150,000	1,550,000	State Only Inpatient
38,951,174	43,365,760	TOTAL North Sound BH-ASO Budget

### C. SALARY & BENEFITS WORKSHEET

	2023 ANNUAL BUDGET																					
						MONTHLY						ANNUAL	BENEFITS	PERS		Social	Unemployment	Washington	Worker	•	TOTAL	TOTAL
POSITION	initials	TEAM	FTE	RANGE	STEP	SALARY				Months x		SALARY	Health, Life etc.	Retirement		Security	Compensation	PFML	Comper	sation	BENEFITS	SALARY
						No. of Mths	A	mount		Amount			Fixed Amount	Salary x .1025		Salary x .0765	\$62,500x .0188	Salary x .006	6 Hours x	\$.2916		AND BENEFITS
Executive Director	JV	LT	1.00		N/A	12	\$	13,325.65	s	159,907.80	\$	159,907.80	27,620.40	do not contribu	ite	11,245.50	1,175.0	0 882.0	0	606.53	41,529.43	201,437.23
Quality Specialist # 1	VJ	CL	1.00	35	E	12	S	7,012.56	s	84,150.72	s	84,150.72	27,620.40	8,0	625.45	6,437.53	1,175.0	0 504.9	0	606.53	44,969.81	129,120.5
Quality Specialist # 2	AFP	CL	1.00	35	E	12	S	7,012.56	s	84,150.72	\$	84,150.72	27,620.40	8,	625.45	6,437.53	1,175.0	0 504.9	0	606.53	44,969.81	129,120.5
Quality Specialist # 3	MD	CL	1.00	35	в	12	S	6,057.71	S	72,692.52	s	72,692.52	27,620.40	7,4	450.98	5,560.98	1,175.0	0 436.1	6	606.53	42,850.04	115,542.5
Quality Specialist - Navigator	JD	CL	1.00	36	E	12	S	7,573.45	s	90,881.40	\$	90,881.40	27,620.40	9,	315.34	6,952.43	1,175.0	0 545.2	9	606.53	46,214.99	137,096.3
Quality Specialist AOT	TBD	CL	1.00	35	1	12	S	5,765.82	S	69,189.84	\$	69,189.84	27,620.40	7,	091.96	5,293.02	1,175.0	0 415.14	4	606.53	42,202.05	111,391.8
Quality Specialist # 4 ASO	LC	CL	1.00	35	E	12	S	7,012.56	s	84,150.72	\$	84,150.72	27,620.40	8,0	625.45	6,437.53	1,175.0	0 504.9	0	606.53	44,969.81	129,120.53
Quality Specialist - WSH	JB	CL	1.00	35	E	12	S	7,012.56	S	84,150.72	\$	84,150.72	27,555.96	8,0	625.45	6,437.53	1,175.0	0 504.9	0	625.87	44,924.72	129,075.44
Clinical Director	MM	CL	1.00	39	D	12	S	9,340.93	s	112,091.16	\$	112,091.16	27,620.40	11,4	489.34	8,574.97	1,175.0	0 672.5	5	606.53	50,138.79	162,229.9
Assistant Director	MR	HR/C	1.00	39	E	12	S	9,807.98	S	117,695.76	\$	117,695.76	27,620.40	12,	063.82	9,003.73	1,175.0	0 706.1	7	606.53	51,175.64	168,871.4
Program Specialist	MI	HR/C	1.00	33	E	12	S	6,012.09	S	72,145.08	\$	72,145.08	27,620.40	7,	394.87	5,519.10	1,175.0	0 432.8	7	606.53	42,748.77	114,893.8
Program Specialist	LH	Admin	1.00	33	E	12	S	6,012.09	s	72,145.08	\$	72,145.08	27,555.96	7,	394.87	5,519.10	1,175.0	0 432.8	7	606.53	42,684.33	114,829.4
Administrative Manager	JW	Admin	1.00	34	E	12	S	6,493.11	S	77,917.32	\$	77,917.32	27,555.96	7,9	986.53	5,960.67	1,175.0	0 467.5	0	606.53	43,752.19	121,669.5
Administrative Assistant II	MA	Admin	1.00	31	E	12	S	5,154.39	s	61,852.68	\$	61,852.68	27,620.40	6,	339.90	4,731.73	1,162.8	3 371.1	2	606.53	40,832.50	102,685.1
Administrative Assistant II	DM	Admin	1.00	31	E	12	S	5,154.39	s	61,852.68	s	61,852.68	27,620.40	6,	339.90	4,731.73	1,162.8	3 371.12	2	606.53	40,832.50	102,685.1
Administrative Assistant II	NZ	Admin	1.00	31	A	4	\$	4,343.96	S	17,375.84							-					
					в	8	S	4,452.56	S	35,620.48	\$	52,996.32	27,620.40	5,4	432.12	4,054.22	996.3	3 317.9	8	606.53	39,027.58	92,023.9
Business Improvement Manager	CD	PM	1.00	38	E	12	S	8,998.19	S	107,978.28	\$	107,978.28	27,555.96	11,	067.77	8,260.34	1,175.0	0 647.8	7	606.53	49,313.47	157,291.7
Data Support Analyst	DR	PM	1.00	35	E	12	S	7,012.56	s	84,150.72	s	84,150.72	27,620.40	8,	625.45	6,437.53	1,175.0	0 504.9	0	606.53	44,969.81	129,120.53
IS Administrator /Network Security	DM	IS/IT	1.00	38	E	10	S	8,998.19	S	89,981.90	\$	89,981.90	27,620.40	9,3	223.14	6,883.62	1,175.0	0 539.8	9	606.53	46,048.58	136,030.44
IS Support Technician	PH	IS/IT	1.00	35	E	12	S	7,012.56	s	84,150.72	s	84,150.72	27,555.96	8,	625.45	6,437.53	1,175.0	0 504.9	0	606.53	44,905.37	129,056.09
Database Administrator	EW	IS/IT	1.00	37	E	12	S	8,255.36	S	99,064.32	\$	99,064.32	27,620.40	10,	154.09	7,578.42	1,175.0	0 594.3	9	606.53	47,728.83	146,793.1
Provider Support IT	JW	IS/IT	1.00	36	E	12	S	7,573.45	S	90,881.40	\$	90,881.40	27,620.40	9,	315.34	6,952.43	1,175.0	0 545.2	9	606.53	46,214.99	137,096.3
Accounting Specialist	SD	Fiscal	1.00	33	E	12	S	6,012.09	S	72,145.08	\$	72,145.08	27,555.96	7,	394.87	5,519.10	1,175.0	0 432.8	7	606.53	42,684.33	114,829.4
Senior Accountant	DH	Fiscal	1.00	37	Е	12	S	8,255.36	S	99,064.32	\$	99,064.32	27,620.40	10,	154.09	7,578.42	1,175.0	0 594.3	9	606.53	47,728.83	146,793.1
Accountant	TBD	Fiscal	1.00	36	1	12	S	6,226.99	\$	74,723.88	\$	74,723.88	27,620.40	7,	659.20	5,716.38	1,175.0	0 448.3	4	606.53	43,225.85	117,949.73
HRA Deductables													150,000.00								150,000.00	150,000.00
											\$	2,160,111.14	\$ 690,123.36	\$ 205,	020.84	\$ 164,261.06	\$ 29,171.9	9 \$ 12,883.2	2 \$	15,182.54 \$	1,266,643.01	\$ 3,276,754.15
										COLA	S	108,005.56		\$ 10,	251.04	\$ 8,213.05	\$ 1,458.6	0 \$ 644.10	6 \$	759.13	21,325.98	\$ 129,331.54
TOTAL			25.00						\$	2,160,111	\$	2.268.116.70	\$ 840,123,36	\$ 215.	271.88	\$ 172.474.11	\$ 30,630,5	9 \$ 13.527.3	8 \$	15.941.67 \$	1.287.969.00	\$ 3,556,085.69

### IV. ORGANIZATIONAL CHART

